PEP-C/CERT general meeting minutes for May 8th, 2024, 1803



Location: Round Table Pizza

<u>Call to Order:</u> 6:03PM - Quorum present - Yes (7 officers)

Guests: Tuuli Bookman, Jean Munday, (9 plus 1 guest speaker)

<u>Officers</u>		<u>Team Leads</u>		<u>Committees</u>	
Chair: Peggy Gablehouse	Р	Training: Kristie Adams	Р	Facebook - Kristie Adams	Р
Vice Chair: Curt Scott	Р	Membership:		CERT - Jim Braden, Peggy Gabehouse, David Haycock	A P A
IT: Steve Rees	Р	Materials/Events: Don Fisk	Р		
Treasurer: Ray Kittleberger	А	Comms: David Haycock	А		
Secretary: Patricia Verdela Keenan	Р				
MAL 3 yr: Barry Bookman	Р				
MAL 2 yr: Kristie Adams	Р		_		
MAL 1 yr: Don Fisk	Р				

Key: P = Present AL = Late Arrival LE = Left Early A= Absent

Chair's Announcements & New Business:

Asked to reimburse Don \$300 for Maritime Gig Festival expenses - **MSA**Peggy requested approval for \$100 budget to purchase PEP-C Business cards - **MSA**

Announced YMCA Fall Prevention Fair at the YMCA on Sep 25 from 1-3PM Continuing our radio exercise during either the June or July meeting. Possibly with just David and Patricia leading if in June.

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Guest Speaker Celyna Addison (564-200-8439) from Center for Dialog and Resolution celynaa@centerforresolution.org - Discussion and presentation about Dispute Resolution serving all of Pierce County. They help parties come together to solve their own problems. They are not a crisis intervention center, but can refer you to one. Here is a short synopsis of what they do, so you can understand their services.

They offer three services - Mediation, Training, and Facilitation.

First we discussed the Definition of Conflict - "When what happens is different from what you expected to happen."

Mediation is a voluntary process. They provide a safe place for assisting parties to listen to each other. They also act as a sounding board by repeating back what is said. They help parents with parenting plans when the parents are divorced. Some topics are pick-up and drop-off schedules, and religion for the children. The service removes emotion out of the situation to keep the topics moving. The mediator does not solve the conflict. They are just there to help the parties understand what each other wants and values. The sessions usually take about 3 hours, but sometimes they need another session to finalize. The mediators do not give advice. The parties involved are guided to make their own decisions.

Training is available to become a mediator. They focus on values and needs. The conversation may start with the question, "So why are you here today?" You usually let the initiating party go first. The training may help you realize how to become a better listener. Listening is not about you...it is about them. Ask if they just want you to listen, or do they want advice. There are other training methods for how to navigate conversations. One is called "When the public attacks" that trains you not to get escalated with the person who is already escalated. You can't help the other person unless you help yourself. If you are interested it would be beneficial to take a training class. After the initial mediation training, you will have 2-3 years of training left to include observing 6 mediations.

This is a non profit organization that receives money from various organizations to include Pierce County.

Secretary's Report: Meeting Minutes were approved and accepted for March and April. MSA

*Treasurer Report: Ray Kittelberger - Quarterly report March 31, 2024 - Balance \$8803.62

Income:

Barrel Sales - \$100 PayPal \$9.31 Total \$8912.93

Expenses:

Barrels - \$192.85

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Maritime Gig - \$300 Balance on May 8, 2024 - \$8420.08

Kristie announced she has limited time due to classes in the Fall. She will continue to work on Facebook and make posters if we want them.

Ended with discussions about our radio exercise last month, and others shared their experiences from Canterwood exercises and exercises from the members who lived in CA.

Meeting adjourned at 1923 (aka 7:23PM)

Submitted by: Patricia Verdella Keenan - Secretary

Meeting Minutes approved: